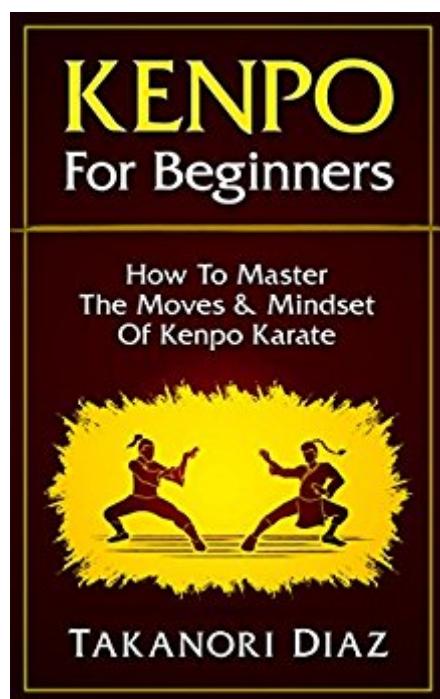


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# Kenpo For Beginners: How To Master The Moves & Mindset Of Kenpo Karate (Kenpo, Jeet Kune Do, MMA, Kempo Karate)



## Synopsis

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It was ok. Thought it give little more. Disruptive information.

It's a knock off of many books before it. And it's not coming out with any new or great info.

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